Learn Arabic: your first 12 weeks

A one-page plan for adult beginners. Tick each step when your teacher agrees you have it.

1. Circle the Arabic you need

Modern Standard فُصْحَى
News, books, signs and formal Arabic. Not for small talk.

A spoken dialect عَامِّيَّة
Family and friends from one region. Rarely written.

Quranic Arabic لُغَةُ الْقُرْآنِ
The Quran, your prayers and duas. Not for conversation.

2. The steps, in order

	Step	Typical time	You have it when
☐	**Letters and sounds**	4 to 8 weeks	You can name all 28 letters in every form and say ع, ح and ق without help
☐	**Reading with vowel marks**	2 to 4 months	You read a short vowelled line slowly, with no transliteration
☐	**Words in whole sentences**	from month 2	You can greet, answer and count in short phrases
☐	**Roots and patterns**	from month 4 to 6	You can guess a new word from its three-letter root
☐	**Listen and speak**	every week	Ten minutes of listening most days has become a habit

3. A week that works

- A teacher two or three times a week, for correction and new material.
- Ten to fifteen minutes on the other days: words and letters from your last lesson.
- Something to listen to in the car or on a walk. Read aloud, never only in your head.

4. Your 12 weeks

Week	What I practised	Days I practised	Teacher's note
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			