

The week in Arabic

Seven day names, what each one means, and four weeks of boxes to tick. No email, one sheet.

THE SEVEN DAYS the Arabic week counts, so most of these names are numbers

DAY	ARABIC	SAY IT	WHAT THE NAME MEANS
Sunday	الأحد	<i>al-ahad</i>	"The first", from <i>wahid</i> , one
Monday	الاثنين	<i>al-ithnayn</i>	"The second", from <i>ithnan</i> , two
Tuesday	الثلاثاء	<i>ath-thulatha'</i>	"The third", from <i>thalatha</i> , three
Wednesday	الأربعاء	<i>al-arbi'a'</i>	"The fourth", from <i>arba'a</i> , four
Thursday	الخميس	<i>al-khamis</i>	"The fifth", from <i>khamisa</i> , five
Friday	الجمعة	<i>al-jumu'a</i>	"The gathering", the day of congregational prayer
Saturday	السبت	<i>as-sabt</i>	From the root for rest, the same root as "Sabbath"

MY WEEK IN ARABIC tick a box each morning your child names the day

DAY	ARABIC	WEEK 1	WEEK 2	WEEK 3	WEEK 4
Sunday	الأحد				
Monday	الاثنين				
Tuesday	الثلاثاء				
Wednesday	الأربعاء				
Thursday	الخميس				
Friday	الجمعة				
Saturday	السبت				

How to use it if you do not read Arabic yourself. Say the day once at breakfast and let your child say it back. You are listening for two things only: the *a*/at the front of every name, and the number hiding inside it. If they can tell you that Monday is the second day and Thursday is the fifth, they have understood the week, and the words follow. Friday and Saturday are the two that are not numbers, so leave those until the counting is steady.