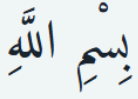


How to make wudu

Ten steps for children, in order



1 Intend, and say Bismillah

Know in your heart that you are making wudu to pray, then say Bismillah.



2 Wash your hands

Wash both hands up to the wrists, and rub between your fingers.

3 times



3 Rinse your mouth

Take water in your right hand, swish it round your mouth and spit it out.

3 times



4 Rinse your nose

Breathe a little water gently into your nose, then blow it out.

3 times



5 Wash your face

Wash your whole face, from your hairline to your chin and from one ear to the other.

3 times



6 Wash your arms to the elbows

Wash your right arm from the fingertips up to and over the elbow, then your left arm the same way.

3 times, right, then left



7 Wipe over your head

Wet your hands and wipe them over your head from the front to the back, then bring them back to the front.

once



8 Wipe your ears

With your hands still wet, wipe inside your ears with your first fingers and behind them with your thumbs.

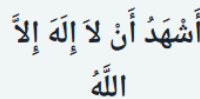
once



9 Wash your feet to the ankles

Wash your right foot up to and over the ankle, getting between the toes, then your left foot the same way.

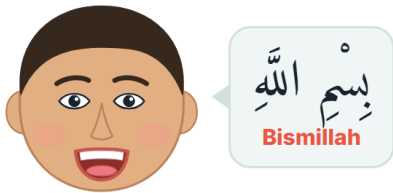
3 times, right, then left



10 Say the du'a

Finish by saying the du'a after wudu, below.

1 Intend, and say Bismillah



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2 Wash your hands



3 times

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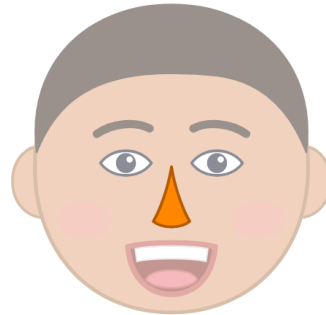
3 Rinse your mouth



3 times

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4 Rinse your nose



3 times

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5 Wash your face



3 times

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6 Wash your arms to the elbows



3 times

right, then left

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7 Wipe over your head



once

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8 Wipe your ears



once

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9 Wash your feet to the ankles



3 times

right, then left

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10 Say the du'a



أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا
اللَّهُ ...

**Ash-hadu an la
ilaha illallah ...**

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The du'a after wudu

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ
مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

**Ash-hadu an la ilaha illallah, wahdahu la sharika lah, wa ash-hadu anna
Muhammadan abduhu wa rasuluh.**

"I bear witness that there is no god but Allah, alone, with no partner, and I bear
witness that Muhammad is His servant and His Messenger."

Sahih Muslim 234 (sunnah.com/muslim:234b)

A line many families add

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

Allahumma-j'alni minat-tawwabin, waj'alni minal-mutatahhirin.

"O Allah, make me one of those who repent, and make me one of those who purify
themselves."

Jami at-Tirmidhi 55; sunnah.com grades its chain weak (da'if, Darussalam)

The four parts named in the Quran, Surah Al-Ma'idah 5:6

In the verse	Meaning	Step
وُجُوهَكُمْ	your faces	5. Wash your face
أَيْدِيَكُمْ	your hands and arms	6. Wash your arms to the elbows
الْمِرَافِقِ	the elbows	6. Wash your arms to the elbows
بُرُءُوسِكُمْ	over your heads (wipe)	7. Wipe over your head
أَرْجُلَكُمْ	your feet	9. Wash your feet to the ankles
الْكَعْبَيْنِ	the two ankles	9. Wash your feet to the ankles

My wudu week

Colour in a drop each time you make wudu for a prayer

Name:

	Fajr	Dhuhr	Asr	Maghrib	Isha
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					
Sunday					

A full row means every prayer that day began with wudu. Remember: one wudu can last for more than one prayer, until something breaks it.