

# Islamic phrases for every day

بِسْمِ اللَّهِ

**Bismillah**

In the name of Allah

الْحَمْدُ لِلَّهِ

**Alhamdulillah**

All praise is for Allah

سُبْحَانَ اللَّهِ

**SubhanAllah**

Glory be to Allah

اللَّهُ أَكْبَرُ

**Allahu akbar**

Allah is greater

لَا إِلَهَ إِلَّا اللَّهُ

**La ilaha illallah**

There is no god but Allah

إِنْ شَاءَ اللَّهُ

**In sha Allah**

If Allah wills

مَا شَاءَ اللَّهُ

**Masha Allah**

What Allah has willed

أَسْتَغْفِرُ اللَّهَ

**Astaghfirullah**

I ask Allah's forgiveness

جَزَاكَ اللَّهُ خَيْرًا

**Jazakallahu khayran**

May Allah reward you with good

السَّلَامُ عَلَيْكُمْ

**As-salamu alaykum**

Peace be upon you

آمِينَ

**Ameen**

O Allah, answer it

إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ  
رَاجِعُونَ

**Inna lillahi wa inna  
ilayhi raji'un**

We belong to Allah, and to  
Him we will return

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# Islamic phrases: all 21, and when to say them

| Phrase                                  | Arabic                                         | Meaning                                                               | When to say it                                                                                                                                        |
|-----------------------------------------|------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| Bismillah                               | بِسْمِ اللَّهِ                                 | In the name of Allah.                                                 | Before eating, drinking, getting dressed, leaving the house, and before starting anything that matters.                                               |
| Bismillahir Rahmanir Rahim              | بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ          | In the name of Allah, the Entirely Merciful, the Especially Merciful. | Before reciting a surah of the Quran.                                                                                                                 |
| Alhamdulillah                           | الْحَمْدُ لِلَّهِ                              | All praise is for Allah.                                              | After eating, after a sneeze, on good news, and in answer to "How are you?" It is thanks to Allah whether the news is good or not.                    |
| SubhanAllah                             | سُبْحَانَ اللَّهِ                              | Glory be to Allah: Allah is far above any fault.                      | When something amazes you, like a sunset, a baby's hand or a huge storm; and 33 times after each prayer.                                              |
| Allahu akbar                            | اللَّهُ أَكْبَرُ                               | Allah is greater: greater than anything you can think of.             | To begin the prayer and at its movements, in the call to prayer, 33 times after each prayer, and at a moment of joy or awe.                           |
| La ilaha illallah                       | لَا إِلَهَ إِلَّا اللَّهُ                      | There is no god but Allah.                                            | It is the first half of the shahada, the words that make a person Muslim.                                                                             |
| In sha Allah                            | إِنْ شَاءَ اللَّهُ                             | If Allah wills.                                                       | Whenever you speak about the future: "I'll see you tomorrow, in sha Allah." The Quran tells us never to say we will do something tomorrow without it. |
| Masha Allah                             | مَا شَاءَ اللَّهُ                              | What Allah has willed.                                                | When you see something good, in your own life or someone else's: a new baby, good marks, a beautiful home.                                            |
| Astaghfirullah                          | أَسْتَغْفِرُ اللَّهَ                           | I ask Allah's forgiveness.                                            | After a mistake, three times after each prayer, and at any time.                                                                                      |
| Jazakallahu khayran                     | جَزَاكَ اللَّهُ خَيْرًا                        | May Allah reward you with good.                                       | To thank someone who has done you a kindness.                                                                                                         |
| Barakallahu lak                         | بَارَكَ اللَّهُ لَكَ                           | May Allah bless you (in it).                                          | On someone's good news: a wedding, a new job, a new baby.                                                                                             |
| As-salamu alaykum                       | السَّلَامُ عَلَيْكُمْ                          | Peace be upon you.                                                    | When you meet a Muslim or walk into a room, and when you leave.                                                                                       |
| Ameen                                   | أَمِينَ                                        | O Allah, answer it.                                                   | After a du'a, yours or someone else's, and after the imam finishes al-Fatiha in prayer.                                                               |
| La hawla wa la quwwata illa billah      | لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ      | There is no power and no strength except with Allah.                  | When something is too hard for you, when you are about to start a hard task, and when leaving the house.                                              |
| A'udhu billahi min ash-shaytan ir-rajim | أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ | I seek refuge with Allah from Satan, the outcast.                     | When you feel angry, before reciting the Quran, and when a bad thought comes.                                                                         |
| Inna lillahi wa inna ilayhi raji'un     | إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ    | We belong to Allah, and to Him we will return.                        | On hearing of a death, and at any loss, small or large: a broken toy, a lost bag, bad news.                                                           |
| Hasbunallahu wa ni'mal wakil            | حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ          | Allah is enough for us, and He is the best to rely on.                | When you are afraid or wronged.                                                                                                                       |
| Yarhamuk Allah                          | يَرْحَمُكَ اللَّهُ                             | May Allah have mercy on you.                                          | When someone sneezes and says alhamdulillah.                                                                                                          |
| SubhanAllahi wa bihamdihi               | سُبْحَانَ اللَّهِ وَبِحَمْدِهِ                 | Glory be to Allah, and all praise is His.                             | As dhikr at any time.                                                                                                                                 |
| Sallallahu alayhi                       | سَلِّمُ عَلَى اللَّهِ                          | May Allah send                                                        | Whenever the Prophet Muhammad is                                                                                                                      |

بِسْمِ اللَّهِ

**Bismillah**

"In the name of Allah"

**Say it:** before eating, drinking, getting dressed, leaving the house, and before starting anything that matters.

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الْحَمْدُ لِلَّهِ

**Alhamdulillah**

"All praise is for Allah"

**Say it:** after eating, after a sneeze, on good news, and in answer to "How are you?" It is thanks to Allah whether the news is good or not.

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سُبْحَانَ اللَّهِ

**SubhanAllah**

"Glory be to Allah"

**Say it:** when something amazes you, like a sunset, a baby's hand or a huge storm; and 33 times after each prayer.

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اللَّهُ أَكْبَرُ

**Allahu akbar**

"Allah is greater"

**Say it:** to begin the prayer and at its movements, in the call to prayer, 33 times after each prayer, and at a moment of joy or awe.

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لَا إِلَهَ إِلَّا اللَّهُ

**La ilaha illallah**

"There is no god but Allah"

**Say it:** it is the first half of the shahada, the words that make a person Muslim.

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إِنْ شَاءَ اللَّهُ

**In sha Allah**

"If Allah wills"

**Say it:** whenever you speak about the future: "I'll see you tomorrow, in sha Allah." The Quran tells us never to say we will do something tomorrow without it.

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مَا شَاءَ اللَّهُ

**Masha Allah**

"What Allah has willed"

**Say it:** when you see something good, in your own life or someone else's: a new baby, good marks, a beautiful home.

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أَسْتَغْفِرُ اللَّهَ

**Astaghfirullah**

"I ask Allah's forgiveness"

**Say it:** after a mistake, three times after each prayer, and at any time.

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جَزَاكَ اللَّهُ خَيْرًا

**Jazakallahu khayran**

"May Allah reward you with good"

**Say it:** to thank someone who has done you a kindness.

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السَّلَامُ عَلَيْكُمْ

**As-salamu alaykum**

"Peace be upon you"

**Say it:** when you meet a Muslim or walk into a room, and when you leave.

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أَمِينَ

**Ameen**

"O Allah, answer it"

**Say it:** after a du'a, yours or someone else's, and after the imam finishes al-Fatiha in prayer.

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إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ

**رَاجِعُونَ**

**Inna lillahi wa inna ilayhi raji'un**

"We belong to Allah, and to Him we will"

**Say it:** on hearing of a death, and at any loss, small or large: a broken toy, a lost bag, bad news.

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# Which phrase?

A phrase for each moment of the day. Say it aloud, every time.

|                             |                                         |                                                |
|-----------------------------|-----------------------------------------|------------------------------------------------|
| Waking up                   | Alhamdulillah                           | الْحَمْدُ لِلَّهِ                              |
| Before eating               | Bismillah                               | بِسْمِ اللَّهِ                                 |
| Forgot bismillah            | Bismillahi fi awwalihi wa akhirihi      | بِسْمِ اللَّهِ فِي أَوَّلِهِ وَآخِرِهِ         |
| After eating                | Alhamdulillah                           | الْحَمْدُ لِلَّهِ                              |
| Leaving the house           | Bismillah...                            | بِسْمِ اللَّهِ تَوَكَّلْتُ ...                 |
| Meeting someone             | As-salamu alaykum                       | السَّلَامُ عَلَيْكُمْ                          |
| Sneezing                    | Alhamdulillah                           | الْحَمْدُ لِلَّهِ                              |
| Seeing something lovely     | Masha Allah                             | مَا شَاءَ اللَّهُ                              |
| Talking about tomorrow      | In sha Allah                            | إِنْ شَاءَ اللَّهُ                             |
| Someone helps you           | Jazakallahu khayran                     | جَزَاكَ اللَّهُ خَيْرًا                        |
| After a mistake             | Astaghfirullah                          | أَسْتَغْفِرُ اللَّهَ                           |
| Feeling angry               | A'udhu billahi min ash-shaytan ir-rajim | أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ |
| Something is lost or broken | Inna lillahi wa inna ilayhi raji'un     | إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ    |
| Hearing the Prophet's name  | Sallallahu alayhi wa sallam             | صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ              |